



If you are feeling isolated, confused or just need a chat please call **vine line** for a **friendly chat, advice, reassurance** and more **specialist support** from a trusted, local source.

We have specially trained staff to provide support for:

- **Mental Health**
- **Addiction**
- **Anger Management**

We can **call you back** to avoid any costs for you.
Access to and information on care packages.

OPEN: Monday, Tuesday & Friday 8:30 - 15:00

the process

Our trained staff and volunteers will answer your call and provide a non-judgemental ear to listen, provide help and advice or refer you on to more specialist support. We are able to **call you back** should you be worried about calling costs.

If you require more specialist support our specialist Support Workers will get in touch with you to arrange this. Please feel free to continue to call **vine line** in the meantime. We are here to help anyone who needs it.

We will still be providing in person mental health, addiction and anger management support where appropriate.

01252 400196 ● www.thevinecentre.org.uk ● info@thevinecentre.org.uk

The Vine Day Centre is a registered charity in England, our charity number is 1095915.
Registered office: The Vine Day Centre, 33 Station Road, Aldershot, Hampshire, GU11 1BA

